EVENT LIST

ACADEMIC YEAR: 2023 - 2024 (July 2023 – June 2024)

S.NO	DATE	EVENT	COLLABORATION
1	20.02.2024	Health check up camp	Apollo hospitals, trichy
2	13.02.2024	Tree plantation program	DCB bank
3	05.12.2023	Voter id camp	e-Sevai Maiyam, Government Help Centre, Manachanallur
4	03.11.2023	Road saftey awareness	Padallur toll plaza, samayapuram
5	01.11.2023	Cleanliness Awareness program for school students	Government middle school akkaraipatti
6	02.11.2023	Dengue awareness	Block medical officer (mannachannallur)
7	30.10.2023	Eye check up campaign	The eye foundation hospital, trichy
8	28.10.2023	Awareness on neurology	KMC hospital, trichy

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REPORT

EVENT NAME: HEALTH CHECK UP CAMP

DATE OF EVENT: 20.02.2024

COLLABORATION: Apollo Hospitals, Trichy

A Health Check-up Camp was organized on 20.02.2024 at central library with the objective of promoting health awareness and providing basic medical services to the student and faculty. The camp was a collaborative initiative by Appolo Hospital, Trichy, aiming to make healthcare accessible and affordable to all, especially to the underprivileged sections of society.

Objectives:

- To provide free medical consultation and health check-ups.
- To raise awareness about common health issues and preventive care.
- To promote the importance of regular health check-ups.

Services Offered:

- General medical check-up
- Blood pressure and blood sugar testing
- BMI calculation
- Eye check-up
- ECG
- Health awareness talks and counseling



Key Highlights:

- ECG for the faculty members were taken for free of cost and diagnostic report was immediately given for them
- Health education pamphlets were distributed to participants.

Feedback Summary: The Health Check-up Camp held on 20.02.2024 received an overwhelmingly positive response from the community. Participants appreciated the professional conduct of the medical team, the free services provided, and the smooth flow of activities.

Key Points from Participant Feedback:

- 95% of attendees expressed satisfaction with the services offered.
- Most participants requested more frequent camps, especially for specialist consultations (e.g., cardiology, physiotherapy, phycology).
- The awareness talks were found to be informative and helpful.

Suggestions Collected:

- Add more diagnostic tests such as EEG, thyroid, and cholesterol.
- Provide reports digitally as well for future reference.
- Set up a help desk for follow-up referrals and queries.

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EVENT NAME: TREE PLANTATION PROGRAM

DATE OF EVENT: 13.02.2024

COLLABORATION: DCB BANK

Tree plantation plays a vital role in maintaining ecological balance and combating the effects of climate change. To raise awareness and contribute to environmental sustainability, a tree plantation program was organized by YRC by joining hands with DCB bank and Trichy – Padalur Toll Plaza on 13.02.2024 at NH 45 near samayapuram toll plaza.

Objective:

The main objectives of the tree plantation drive were:

- To promote environmental awareness among students and the local community.
- To increase the green cover in the area.
- To educate participants about the importance of trees in our ecosystem.

Organizing Committee:

- The event was organized by the Youth Red Cross in collaboration with DCB bank and Trichy – Padallur toll plaza. Faculty members, students, and DCB manager trichy participated in the event.

Activities Conducted:

- A brief awareness session was conducted to educate participants on the significance of tree plantation.
- Over 50 saplings of various native species were planted in and around the NH-45 samayapuram area.
- Participants were instructed on how to care for the plants to ensure their survival.



Outcome and Impact:

- Approximately 56 trees were planted.
- Participants gained a better understanding of environmental issues.
- The area now benefits from increased green cover, which will help in reducing pollution and improving biodiversity over time.

Conclusion:

- The tree plantation drive was a successful step toward a greener and healthier environment. Continued efforts like these are essential to combat environmental degradation. We hope this initiative inspires many more to take action for a sustainable future.

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EVENT NAME: VOTER ID CAMP

DATE OF EVENT: 05.12.2023

COLLABORATION: e-Sevai Maiyam, Government Help Centre, Manachanallur

In an effort to promote electoral participation and ensure that every eligible citizen is empowered to vote, a Voter ID Registration Camp was organized by YRC in collaboration with the Election Commission of India on 05.12.2023 at First Floor Conference Hall, KRCE.

Objective:

The main objectives of the Voter ID Camp were:

- To assist students and local residents in registering for their Voter ID cards.
- To spread awareness about the importance of voting in a democratic society.
- To simplify the process of Voter ID registration and correction for eligible individuals.

Organizing Body:

- The event was organized under the guidance of Youth Red Cross and NSS, in coordination with local electoral authorities of e-Sevai Maiyam, Government help centre, Manachanallur.

Activities Conducted:

- A help desk was set up to guide participants through the registration process.
- Volunteers assisted with filling out Form 6 (for new voters), Form 8 (for corrections), and Form 7 (for deletions).
- Document verification and photograph capturing were done on the spot.
- Awareness materials, such as pamphlets and banners, were distributed.



Outcome:

- A total of 135 new Voter ID applications were submitted.
- 56 corrections were processed.
- Participants were informed about the importance of casting their vote and how their vote makes a difference in shaping the nation's future.

Conclusion:

- The Voter ID Camp was a significant step toward empowering young voters and promoting active democratic participation. Such initiatives help build a stronger and more inclusive electoral process. The organizing team extends its thanks to the electoral officials and all volunteers who contributed to the success of the event.

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EVENT NAME: ROAD SAFETY AWARENESS

DATE OF EVENT: 03.11.2023

COLLABORATION: Trichy Padallur Toll Plaza, Samayapuram

Road safety is a critical concern in today's fast-paced world. To promote awareness about traffic rules, responsible driving, and pedestrian safety, a **Road Safety Awareness Program** was organized by **Youth Red Cross** on **03.11.2023** at **Trichy Padallur Toll Plaza, Samayapuram**.

Objective:

The primary objectives of the program were:

- To create awareness among students and the public about road safety rules.
- To educate people on safe driving practices and the importance of wearing helmets and seat belts.
- To reduce the risk of road accidents through awareness and behavioral change.

Activities Conducted:

- **Guest Lecture** by traffic officials on road safety rules and real-life accident statistics.
- **Demonstration** on proper helmet usage and seatbelt importance.
- **Street Play** by students highlighting the consequences of rash driving and drunk driving.
- **Distribution of Pamphlets** on Do's and Don'ts while on the road.



Outcome:

- Increased awareness among students and staff regarding safe road behavior.
- Many participants pledged to follow traffic rules and promote safety among peers.
- A greater sense of responsibility was seen in participants, especially two-wheeler riders and young drivers.

Conclusion:

- The Road Safety Awareness Program successfully instilled a sense of responsibility and caution among participants. Continued efforts in this direction can significantly contribute to reducing road accidents and saving lives.

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EVENT NAME: CLEANLINESS AWARENESS PROGRAM FOR SCHOOL STUDENTS

DATE OF EVENT: 01.11.2023

COLLABORATION: Government Middle School, Akkaraipatti

Objective of the Program:
The primary aim of the program was to instill the importance of cleanliness and hygiene among school students, promote healthy practices, and create awareness on the significance of maintaining a clean environment both in school and at home.

Activities Conducted:

- **Awareness Session:** An interactive session was conducted using posters, videos, and presentations to educate students about the importance of personal hygiene and environmental cleanliness.
- **Demonstrations:** Hand washing techniques, waste segregation methods, and cleanliness drives were demonstrated practically.
- **Cleanliness Drive:** Students participated in a school campus cleaning activity under the guidance of volunteers and teachers.
- **Pledge:** All participants took a cleanliness pledge to maintain cleanliness in their surroundings



Outcomes of the Program:

- Increased awareness among students about the importance of hygiene.
- Students actively participated and showed enthusiasm in spreading the message of cleanliness.
- The program encouraged behavioral change and social responsibility.
- Teachers and students planned to conduct regular cleanliness activities in the school.

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EVENT NAME: DENGUE AWARENESS

DATE OF EVENT: 02.11.2023

COLLABORATION: Block Medical Office, Manachanallur

Objective of the Program:
The objective of the program was to raise awareness about Dengue fever, its causes, symptoms, prevention, and control measures among the public, especially targeting students and local residents.



Key Activities Conducted:

- **Health Talk:** A session by a medical professional highlighting the causes, symptoms, and preventive measures for Dengue.
- **Presentation & Posters:** Visual presentations and informative posters were used to convey the message effectively.
- **Demonstrations:** Live demonstrations on mosquito-proofing, eliminating stagnant water, and proper waste disposal.
- **Distribution of Pamphlets:** Informative leaflets on Dengue prevention were handed out.
- **Cleanliness Drive:** Participants joined hands in a local cleanliness drive to eliminate mosquito breeding grounds.

Outcomes of the Program:

- Enhanced awareness about Dengue prevention among participants.
- Active involvement of students in community cleanliness.
- Improved understanding of early detection and the importance of timely medical attention.
- Community pledged to maintain hygienic surroundings and avoid water stagnation.

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EVENT NAME: EYE CHECK UP CAMP

DATE OF EVENT: 30.10.2023

COLLABORATION: The Eye Foundation Hospital, Trichy

An Eye Check-up Camp was successfully organized on 30.10.2023 at Third Floor Conference Hall with the aim of promoting eye health awareness and providing free eye care services to the students community. The camp was organized by YRC in collaboration with The Eye Foundation Hospital, Trichy.

Objectives

- To provide free eye check-up services to the students and faculty members
- To raise awareness about common eye problems and preventive care.
- To detect refractive errors and other common eye conditions.
- To offer referrals for further treatment if needed.

Activities Conducted

- General eye screening
- Vision testing for refractive errors
- Diagnosis of common eye diseases
- Consultation with ophthalmologists
- Awareness session on eye care and hygiene



Participation and Outcomes

- Total Beneficiaries: 400
- Cases Referred for Further Treatment: 95
- Volunteers Involved:15
- Medical Staff Present: 1 ophthalmologists, 3 optometrists, 1 general consultant, 1 PRO

Feedback and Observations

- The camp received a positive response from the community.
- Many students and elderly individuals benefitted from early detection of eye problems.
- The need for regular eye check-ups was emphasized during the awareness session.

Conclusion

The Eye Check-up Camp was a great success and served its purpose of creating awareness and offering accessible eye care services. It highlighted the importance of preventive eye health and received enthusiastic participation from the community. The organizing team extends heartfelt thanks to all medical staff, volunteers, and participants who made the camp successful.

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EVENT NAME: AWARENESS ON NEUROLOGY

DATE OF EVENT: 28.10.2023

COLLABORATION: KMC Hospital, Trichy

Neurology is the branch of medicine that deals with disorders of the nervous system, which includes the brain, spinal cord, and peripheral nerves. Neurological disorders are increasingly becoming a major health concern worldwide, affecting individuals of all ages. Despite their impact, there is still a lack of awareness among the general public regarding the symptoms, causes, and preventive measures related to these conditions.
To address this gap, an awareness program on neurology was organized with the aim of educating participants about common neurological disorders, their early signs, and ways to maintain good neurological health.

Objective of the Program:

- To increase awareness of common neurological disorders.
- To educate the public on early symptoms and the importance of timely diagnosis.
- To promote habits that support brain and nervous system health.
- To reduce the stigma associated with neurological illnesses.



Key Activities Conducted:

- **Guest Lecture by Neurologist:** A talk was delivered by a practicing neurologist, covering topics like epilepsy, stroke, Alzheimer's disease, Parkinson's disease, and migraines.
- **Presentation:** A visual presentation explained how lifestyle factors impact neurological health.
- **Awareness Video:** A short film showcased real-life stories of individuals living with neurological disorders to build empathy and understanding.
- **Interactive Session:** An open-floor Q&A allowed participants to discuss concerns and clarify doubts.
- **Information Booth:** Pamphlets, brochures, and posters related to neurology were displayed and distributed.
- **Pledge for Brain Health:** Participants pledged to take proactive steps toward maintaining brain health and spreading awareness.

Outcomes of the Program:

- Enhanced public understanding of neurological conditions and their early signs.
- Increased awareness about the importance of brain health.
- Empowered participants to seek medical help promptly and support others.
- Strengthened interest among students in neuroscience and healthcare careers.

Feedback:
Participants expressed appreciation for the informative and engaging sessions. Many found the expert talk particularly useful in understanding conditions they had previously misunderstood or feared. Suggestions were made to conduct such programs regularly and include mental health topics in the future.

Conclusion:
The Neurology Awareness Program was a timely and impactful initiative. It not only educated participants but also encouraged a more compassionate and informed outlook toward neurological health. Such programs play a crucial role in building healthier, more informed communities.